

April 5, 2010

Company: Mariko Food Corp
 Item: Tkemali - Georgian Style Plum Sauce
 Pack: 12 fluid ounces

NUTRITION COMPOSITION

Mariko Food Corp - TKEMALI - Georgian style plum sauce

Serving Size: 2 tbsp (30g)

Nutrients	Per Serving	Per 100g	Nutrients	Per Serving	Per 100g
Basic Components			Vitamin B12 (mcg)	0	0
Gram Weight (g)	30.00	100.00	Vitamin C (mg)	0.45	1.51
Calories (kcal)	14.25	47.48	Vitamin D - IU (IU)	0	0
Calories from Fat (kcal)	0.24	0.81	Folate (mcg)	0.84	2.79
Protein (g)	0.11	0.36	Vitamin K (mcg)	1.62	5.41
Carbohydrates (g)	3.66	12.19	Pantothenic Acid (mg)	0.02	0.05
Dietary Fiber (g)	0.21	0.70	Vitamin E - IU (IU)	0.06	0.20
Total Sugars (g)	3.37	11.22	Minerals		
Fat (g)	0.03	0.09	Calcium (mg)	4.44	14.80
Saturated Fat (g)	0.00	0.01	Copper (mg)	0.01	0.04
Mono Fat (g)	0.02	0.06	Iron (mg)	0.23	0.78
Poly Fat (g)	0.01	0.02	Magnesium (mg)	1.87	6.23
Trans Fatty Acid (g)	0	0	Manganese (mg)	0.02	0.05
Cholesterol (mg)	0	0	Phosphorus (mg)	3.48	11.59
Water (g)	24.99	83.30	Potassium (mg)	24.46	81.55
Ash (g)	1.22	4.06	Selenium (mcg)	0.03	0.12
Vitamins			Sodium (mg)	444.28	1480.95
Vitamin A - IU (IU)	58.12	193.74	Zinc (mg)	0.03	0.09
Vitamin B1 (mg)	0.00	0.02	Other Fats		
Vitamin B2 (mg)	0.01	0.03	Omega 3 Fatty Acid (g)	0.00	0.00
Vitamin B3 (mg)	0.07	0.24	Omega 6 Fatty Acid (g)	0.01	0.02
Vitamin B6 (mg)	0.01	0.03			

Nutritional values shown represent the composition of this product based on data submitted by the manufacturer and their suppliers. Nutritional values are based on the product formulation and is comprised of data compiled from the United States Department of Agriculture and suppliers. NutriData guarantees the accuracy of the analysis based on the information supplied by the manufacturer(s). As a mutual protection to clients, the public and ourselves, all reports are submitted as the confidential property of the client.

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Nutrition Facts	
Serving Size 2 tbsp (30g)	
Servings Per Container 12	
Amount Per Serving	
Calories 15	
	% Daily Value*
Total Fat 0g	0%
Sodium 440mg	18%
Total Carbohydrate 4g	1%
Sugars 3g	
Protein 0g	
Not a significant source of calories from fat, saturated fat, trans fat, cholesterol, dietary fiber, vitamin A, vitamin C, calcium and iron.	
*Percent Daily Values are based on a 2,000 calorie diet.	

INGREDIENTS: PLUMS IN LIGHT SYRUP (PLUMS, WATER, PEAR JUICE FROM CONCENTRATE), WATER, SALT, GARLIC, PURE CANE SUGAR, CORIANDER, MINT, DILL, CHILI PEPPER.